



| Fall 1 | Credits | Success Marker |
|--------------------|-----------|-------------------|
| ENGL 103 | 3 | |
| COMS 100 | 3 | |
| MATH 155 | 3 | |
| CHEM 210 | 3 | |
| CHEM 212 | 1 | |
| UNIV 101* | 1 | |
| Total hours | 14 | |

Notes/Comments: *If you do not complete UNIV 101, may need

| Spring 1 | Credits | Success Marker |
|--------------------|-----------|-------------------|
| ENGL 203 | 3 | |
| PSYC 102 | 3 | |
| STAT 100 | 3 | |
| Gen Ed Creativity | 3 | |
| CHEM 211 | 3 | |
| CHEM 213 | 1 | |
| Total hours | 16 | |

Notes/Comments:

| Fall 2 | Credits | Success Marker |
|----------------------|-----------|---|
| BIOS 208 | 3 | <ul style="list-style-type: none"> Successfully completed MATH 155 or 229 with C or better |
| BIOS 210 | 1 | |
| PSYC 225 or HDFS 280 | 3 | <ul style="list-style-type: none"> Maintain a 3.0 GPA after reaching 45 credits to remain in good standing |
| REHB 200 | 3 | |
| Gen Ed: Creativity | 3 | |
| Elective | 3 | |
| Total hours | 16 | |

Notes/Comments:

| Spring 2 | Credits | Success Marker |
|--------------------|-----------|-------------------|
| BIOS 209 | 3 | |
| BIOS 211 | 1 | |
| NUTR 201 | 3 | |
| HSCI 310 | 3 | |
| Elective | 3 | |
| Elective | 3 | |
| Total hours | 16 | |

Notes/Comments:

| Fall 3 | Credits | Success Marker |
|--------------------|-----------|-------------------|
| BIOS 311 or 357 | 4 | |
| HSCI 318 | 3 | |
| PSYC 316 | 3 | |
| Elective | 3 | |
| | | |
| Total hours | 13 | |

Notes/Comments:

| Spring 3 | Credits | Success Marker |
|-------------------------------|-----------|-------------------|
| PHYS 210 | 4 | |
| HSCI 460 | 3 | |
| GERO 365 | 3 | |
| Level Elective: 300/400 level | 3 | |
| Elective | 3 | |
| Total hours | 16 | |

Notes/Comments:

| Fall 4 | Credits | Success Marker |
|-------------------------------|-----------|---|
| PHYS 211 | 4 | <ul style="list-style-type: none"> Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December) |
| HSCI 350 | 3 | |
| HSCI 410 | 3 | <ul style="list-style-type: none"> Apply for the NIU DPT Program. (Please refer to the program website for deadline) |
| Level Elective: 300/400 Level | 3 | |
| Elective | 3 | |
| Total hours | 16 | |

Notes/Comments:

| Spring 4 | Credits | Success Marker |
|--------------------|-----------|--|
| BIOS 355 | 4 | <ul style="list-style-type: none"> meet all degree requirements based on courses in progress. |
| AHPT 405 | 3 | |
| HSCI 455 | 3 | |
| Elective | 3 | |
| Total hours | 13 | |

Notes/Comments:

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.